

Stony Creek Metropark - 6/4

To get to the park: Take M-59 to M-53 and go north to 26 Mile Road. Go west on 26 Mile Rd past Mound Road and follow the signs to the left into the park. **OR ALTERNATELY,** You can take M-59 to Dequindre Rd and go north to 25 Mile Rd (Runyan Rd). Turn right (east) on 25 Mile and go about 1 mile to Shelby Rd. Turn Left (north) and follow the signs into the park.

Park Info: The trails at Stony have recently been opened to mountain biking and are extremely enjoyable with some less technical, and some very challenging sections. If you have not experienced them yet, DO IT! You'll really be glad you did! The riding and running here are great, and the park is open year 'round. **Park entry is \$3 per car** on race day, annual permit is \$15.

Bloomer Park - 7/15

To get to the park: Bloomer Park is at the North end of John R Road in Rochester Hills, MI. Take M-59 to Rochester Rd, go north to Avon Rd, then turn right (east) and go to John R and turn left (north). Take John R about 1/2 mile straight into the Park.

Park Info: A **\$3 per car fee** is charged for park entry on race day. Regular daily entry is \$5 and Annual Permits are available. This is a great park with a tremendous network of biking, hiking and running trails including the infamous **Switchbacks!** Spend some time here and get familiar with the trails... you'll enjoy it!

Addison Oaks County Park - 8/20

To get to the park: Take Rochester road North from Rochester approximately 8 miles to Romeo Road (32 Mile rd). Turn left (west) on Romeo Rd and go 1-1/2 miles to Addison Oaks Park entrance.

Park Info: Mountain Bike Trails are open from mid-May thru September. Vehicle entry fees are \$8/day regular rate (\$5/day for Oakland County resident) and \$1 for bike entry. Come out and pre-ride the MTB course.

Fat Tire Duathlon participants get **FREE** park entry on race day.

Registration Information

Race day Registration & Number Pick-up: 8:00a to 9:30a

All racers must sign a waiver at registration. Racers under the age of 18 must have the waiver signed by a parent or legal guardian.

FEES — Pre-registration: Individual \$20, Team \$30

After Pre-registration: Individual \$25, Team \$35

Pre-Register for all 3 events: Individual \$50, Team \$75

2000 MICHIGAN FAT TIRE DUATHLON RACE INFORMATION

RACE DATES for 2000:

June 4 **Stony Creek Metropark** — Shelby Twp, MI
July 15 (Sat) **Bloomer Park** — Rochester Hills, MI
Aug. 20 **Addison Oaks County Park** — Leonard, MI

- Race Courses will consist of a trail run approx. 2-1/2 miles long, a trail bike ride approximately 10-12 miles long, and another trail run approximately 2-1/2 miles long.
- Each park has fun / challenging Mountain Bike trails for the bike portion with great trail sections for the runs!
- Race may be done **individually** or as a **two person team**, one person for the bike portion, and one for the runs.

Note: *Race Courses and distances may be altered to accomodate trail conditions on Race Day.*

HELMETS ARE REQUIRED FOR PARTICIPATION ON THE BIKE!!!

More Information? **Tailwind Enterprises: 248/634-6178**

Web Site: www.tailwind.net **E-mail:** tailwind@tir.com

Start Times & Results

The first wave of Racers goes at 10am. Age Group waves follow at 2 minute intervals. The number of waves is determined by the number of Racers. A copy of the results will be mailed to each racer and will also be available on-line at the Tailwind web-site: www.tailwind.net

Awards & Prize Drawings

Individuals: Awards to **Top 3** in each Category and Age Group

Two Person Team: awards to **Top 2** places in each Category

At the race's conclusion, there will be drawings for great gift giveaways.

You must be present to win, and all who register to race are eligible.

Fill out a card and drop it in the **"Prize Mail Box"** at registration.

Thanks

THANK-YOU's go to all of our sponsors and to each of the volunteers who help to make this event run smoothly on race day! Special thanks go to the MMBA volunteers and to the Stony Creek, Bloomer Park, and Addison Oaks management & staff who keep the trails open, ready to ride and available for us to use.