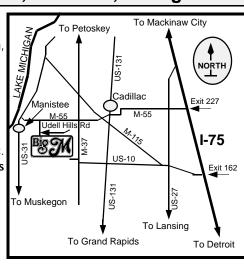
Big 'M' Ski Area, Manistee, Michigan

Big 'M' is located in the Manistee National Forest in northwestern lower Michigan, west of Cadillac. From Manistee take M-55 east to Udell Hills Rd, then go south 3-1/2 miles to the Big 'M'. From the east, take M-55 west 12 miles from M-37 or about 29 miles from Cadillac. Note: A \$3 per day car fee is charged for park entry.

Rustic Camping on site is allowed, and cost is \$5 for the night. Come on up Saturday, pre-ride the trails, and then stay the night!



Course Information

This Cross Country race course is not a "flat land" course! The race course is approximately 6-1/2 miles of fun-filled single-track and two-track trails. There are many long and gradual climbs as well as downhills for recovery, fast flats, and lots of FUN! The race course does include a trip to Capper's Peak with a breathtaking view!

1 11	5	
Elite Men racers	5 loops	10:00a
Elite Women racers —	4 loops	10:00a
Expert racers	4 loops (Men & Women)	10:00a
Sport racers/SS/Tand -	3 loops (Men & Women)	12:30p
14-Under Beg	1 loop (Men & Women)	2:30p
All other Beg.	2 loops (Men & Women)	2:30p

The Kids race will be on a special short loop at 12:45 pm.

The trails we will use for this Cross Country race course are open to all trail users during the race, please be careful and courteous to others on the trail at all times. PLEASE, <u>do not leave ANY trash</u>, energy or food bar wrappers on the trails!

Entry Fee & Registration

Registration & Number	Pick-up: 8:30am to	1/2 hr I	before each race.
Pre-registration Post-Mai	ked by 7/26 : \$25	<u>After</u>	<u>7/26</u> : \$30
14-Un Categories: \$10	2nd Race Category	/ \$10	Kids Race is FREE!

Register ON-LINE at: www.tailwind.net - OR - www.BikeReg.com

All racers must sign a waiver at registration. Racers under the age of 18 must have the waiver signed by a parent or legal guardian.

A portion of the proceeds from this event goes to the MMBA to help work towards land access and trail development issues in Michigan. Support your Trails by becoming a member...TODAY!

Stop by the MMBA tent at the race!

2004 TAILWIND CROSS COUNTRY RACE INFORMATION

- RACE DATES for 2004 -

MMBA #6 June 13	Whiskey Creek Resort	Custer, Michigan		
<u>NORBA #1</u> June 27	Bloomer Park (St Champ Series)Rochester Hills, MI		
MMBA #9 August 1	Big "M"	Manistee, MI		
NORBA #2 August 8	Pontiac Lake (St Champ Series)	Waterford, MI		
NORBA #3 August 29	Stony Creek (<u>St Champ Series</u>)	Shelby Twp, MI		
MMBA#11 Sept. 21	Aspen Park	Gaylord, MI		
MMBA RACES ARE MMBA CHAMPIONSHIP POINT SERIES EVENTS				
NORBA RACES ARE NORBA MICHIGAN STATE CHAMPIONSHIP SERIES EVENTS				
Required: Bicycle in proper working order <i>and</i> Lap Counting ability!				
An ANSI Approved HELMET IS REQUIRED for Participation!!!				

For more info, contact: **Tailwind Enterprises:** 248/634-6178 **E-Mail:** tailwind@tir.com **Web:** www.tailwind.net

RESULTS & SCORING

Results available at the race, and posted on-line at: www.tailwind.net

AWARDS

\$400 Cash Purse for Elite Men Racers (Pay top 7 Elite Men Finishers) \$250 Cash Purse for Elite Women Racers (Pay top 5 Finishers) Awards to top 5 Finishers in all other Categories A Medal to EVERY Kids Racer !

Special KIDS Drawing for cool Louis Garneau items after the KIDS RACE! – COMPLIMENTS OF LOUIS GARNEAU USA –

Award Presentation:Elite/Expert Classes1:15pSport Classes3:15pBeginner Classes4:30pKids RaceAt their Finish Line

(Note: Award presentation times may vary based on category finish times.)

PRIZE DRAWINGS

Drawings for great gift giveaways from our sponsors will be throughout the day, with final drawings at 4:30p. You must be present to win, and all who register to race are eligible. *Please Fill out a card and drop it in the 'Prize Mail Box" at registration.*

Thanks

THANK-YOU's go to all of the volunteers who help make this event run smoothly, and of course to all of our sponsors. Special thanks go to the "Big M" National Forest folks, to Bill Rushford and the Michigan Mountain Bike Patrol, and to **TRAILHEAD BIKE SHOP** in Ludington for their great event and Race Day mechanical support!