

CYCLOCROSS CLINIC & A AND B TRAINING RACES

Learn Cyclo-cross Skills at the clinic from 11:30-2:30PM
with Michael Wissink, Elite Mens 2009 state cyclocross champion
Anne Schwartz Elite Womens 2009 state cyclocross champion

- Bicycle Mounts \ Dismounts
- Barriers
- Run Ups
- Bike Fit
- Equipment

**SATURDAY
SEPTEMBER 11
2010**

Hone new skills in one of two races beginning at 2:30PM

REGISTRATION FEES:

- \$15 for the clinic only
- \$15 for the race only
- Participate in both and pay only \$20

Bring your helmet and your cross bike, mountain bike, single speed or 29er

LOCATION: Waterford Hills Race Way, located on Waterford Road and Dixie Hwy approximately 2 miles South of Clarkston. From I-75, take Sashabaw/Pine Knob exit (#89) to Maybee Road and then West to Waterford Road.

PLEASE OBEY THE 15MPH SPEED LIMIT SIGN POSTED IN THE SPORTSMAN CLUB'S PARKING LOT.

For further information contact Jeff at KSB (248) 625-7000, or Robert Linden at Tailwind (248) 634-6178

PRESENTED BY

Tailwind
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